# Teach swim lessons

KNOW HOW TO SWIM? LIKE KIDS?

## **BECOME A SWIM INSTRUCTOR!!!**

# **Water Safety Instructor or Basic Swim Instructor Class:**

At first class must be able to swim the following strokes:

#### **Water Safety Instructor prerequisites:**

Front crawl (freestyle)—25 yards

Breaststroke—25 yards

Elementary backstroke—25 yards

Sidestroke—25 yards

Back crawl (backstroke)—25 yards

Butterfly—15 yards

1 minute tread water & 1 minute back float

#### **Basic Swim Instructor prerequisites:**

Front crawl (freestyle)—25 yds

Breaststroke—25 yards

Elementary backstroke—25 yds

Sidestroke—25 yards

1 min. tread water or back float

### Classes: All classes required!

Class 1: Sunday, April 23 11:00am-5:00pm Yakima Athletic Club

Class 2: Sunday, May 7 11:00am-5:00pm Yakima Athletic Club

Class 3: Sunday, May 21 11:00am-5:00pm Yakima Athletic Club

Class 4: Sunday, June 7 11:00am-5:00pm Bruce Buchanan Memorial Aquatic Center

# Registration due by April 20, 2023

Maximum 10 students, minimum 4

Adult Signature:				STAFF MEMBER:	
PARTICIPANT				<u> </u>	
PARTICIPANT:		AGE:	DOB:	PHONE #	
PARTICIPANT E-MAIL:				•	
PARENT/GUARDIAN:		PA	RENT E-MAIL:		
STREET ADDRESS:				CITY, ZIP	
CASH	CHECK #_		_	DEBIT/CREDIT	
PRICE: CLAS	SS PAYMENT IS D	UE AT FIRS	T CLASS— PLE	ASE DO NOT PRE-PAY.	
Total \$170 plus \$40 for Rec	d Cross Registrati	on			
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**Locations**: Yakima Athletic Club, 2501 Racquet Lane Yakima and Bruce Buchanan Memorial Aquatic Center 214 3rd Street, Selah

Cost: \$180 including Red Cross registration fee, books/materials (online)

For more information contact the instructor:
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